

# **READY! SET! GO! TO KINDERGARTEN**

## **Ten Things Parents can do to Help Prepare Children for Kindergarten**

1. Make reading or story telling a part of every day.
2. Play games with your child; especially those that require children to think.
3. Talk with each other about everything—people, places and events.
4. Let children help with everyday activities and simple chores.
5. Provide a wide range of experiences, such as trips to a zoo, farm, library, parks, and museums.
6. Teach children self-help skills such as zipping, tying, dressing, and eating. Allow them to practice these skills in a supportive environment.
7. Praise children to build self-esteem.
8. Allow children opportunities to color, cut, glue and be creative with paper, playdough, yarn, etc.
9. Encourage children to learn to say the **uppercase** ABC's, count to 20, write their name in **uppercase** letters, recognize colors, and know the letters in their name (presented in **uppercase** letters).
10. Encourage good listening and social skills such as sharing, taking turns, following directions, being polite, being respectful and taking responsibility for their own things.