

Weighted Pencils

Compiled by Linda Cammaroto

This list is compiled from information shared by OT's on the AOTA school list serve.

1. I went to Sears and found a spacer about 1/4 inch with a small inset screw inside which could be tightened on the pencil for about \$2.50. It works well and can be moved where ever you want it on the pencil. They have bins of them in different sizes. They are called Shaft Collar's. They are in little pull out drawers over by the screws. Bin # 58327 in my Sears Hardware. A socket set screw is included and this is what you tighten on the pencil. For a regular school pencil, I bought 5/8 X 1 1/8. For a Kindergarten/pre-school pencil which is thicker, I bought 3/4 X 1 1/4. The smaller one cost \$2.20 cents each. The larger on cost \$2.75 each.
2. You might want to try having her write with a china marker (wax pencil).
3. I think it was in the back of the TRICs manual that there was an activity for molding sculpey clay around a pen barrel and then baking it. The clay would give overall weight and thickness to the pen...perhaps this could be done with a mechanical pencil too.
4. This idea is similar to the sculpey idea above, but uses Nickelodeon's Floam. It's a pencil grip, but will also add weight to a pencil. It is relatively inexpensive and fun, and might be worth a try. Nickelodeon's Floam is a favorite to mold custom pencil grips, plus it has the added texture. I let the kids play with it first then help make their own. To save expense, wait until it is used to the point of getting hard. Works great with kids who are resistant to other types of grips, especially boys.
5. Just today saw weighted pencils in the Southpaw catalog.
6. You might want to look at the Dr. Grip pencils. I thought they only came in pens, but I saw a student with a pencil recently. I think you can get them at Office Depot type stores.
7. I ordered a weighted pencil holder a while back. The packaging has Kinsman Enterprises, Inc. on it, "WEIGHTED UNIVERSAL HOLDER" #40005. I think it was from S&S, Sammons, or Smith and Nephew.