# Bring out Every Kid's Super Self<sup>TM</sup> this school year!

## Yogarilla

Yoga cards for kids...
Nice big cards with great pictures! Some of the yoga positions require a partner to help the little ones who need a buddy—designed by an OT!!



# **CH CH CH Changes**

Introduce this early in the school year to help with the unexpected things that come up during the school day or week.



### **GONOODLE.COM**

Free app and website that can provide a 3-5 minute brain break to the entire classroom—FREE!!!

Try these affordable and fun ways to improve classroom attention and focus this year!

### HOWDAHUG CHAIR

This great little chair assists the child with support while floor sitting plus that extra "squeeze" to help provide the body with pressure and proprioception while seated.

