



## WHOLE CLASS STRATEGIES

### HEAVY WORK ACTIVITIES WITH SMALL GROUPS

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- Parachute games
- Have one child sit in the center of a parachute while another child pulls the parachute around with adult assistance
- Tug-of-war games
- Push and pull peers on the scooter board
- Have two kids sit back to back, lock arms, and attempt to stand up
- Have two kids stand facing each other and place hands palm to palm.
- Have the kids lean into each other holding each other up
- Row, Row, Row your Boat Game - Kids sit on the floor facing each other. The kids hold onto a rope or each other's hands. As you sing the song, one person leans back as the other leans forward going back and forth.