



WHOLE CLASS STRATEGIES

ENVIRONMENTAL MODIFICATIONS

Reduce stimuli and distractions to improve focus and attention by:

- Decreasing clutter in the classroom (e.g., cover bookcases with plain fabric)
- Positioning the child close to the source of instruction
- Carpeting on the floors to decrease noise levels
- Using a sturdy carrel to reduce visual distractions when completing independent work
- Allow the child to wear headphones to block out extraneous noises
- Closing doors and windows to reduce outside noises
- Provide visual clues on the desk
- Tennis balls on chair legs to reduce sound
- Weighted items - blanket or lap pad
- Have student wear a baseball hat to block out visual distractions
- Allow student to stand at the back of the line
- Have a quiet corner with a beanbag chair or cubicle